

April 1 - no school KINDERGARTEN ONLY

• April 2 - School Council Meeting

**Cree Word of the Week** Read ayamihchike ላታ ["ቦዓ -

# Important Links & Contact Information

School Cash

https://starcatholic.schoolcashonline.com/

**Parent PowerSchool** 

https://sh.starcatholic.ab.ca/parents/powerschool

# **Attendance Email**

sh.lg.attendance@starcatholic.ab.ca 780-352-9355



2 days

20 days

200 hours

300 hou

600 hour

REMINDER: school class hours are 8:40 - 3:15

doors open @ 8:30 AM

4 days

40 days

# Mar 31 - Apr 4, 2025

March 31 Monday Day 5

Apr 1 **Tuesday** Day 6

Apr 2 Wednesday Day 1

Apr 3 hursday Day 2

Apr 4 Friday Day 3

Div 1 & 2 Assembly - theme **GENTLENESS** 

**Div 3 Assembly** 

**Hockey Program -**Gr 4 & 5

Gymnastics Gr 1



NO SCHOOL -Kindergarten only Gr 2 Gymnastics



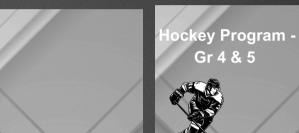
Hot Lunch ~ Mary Brown's



**Hockey Program -**Gr 4 & 5



**School Council** Meeting





You can find all the above on our website site below: https://sh.starcatholic.ab.ca/

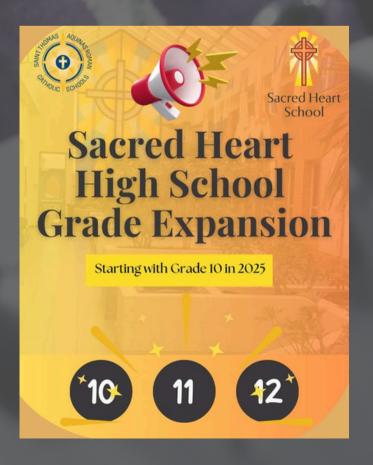
## **School Cash**

- Grade 1 & 2 will start gymnastics upon our return from Spring Break. Please ensure you
  have gone on to <u>School Cash</u> and signed the permission form along with payment as
  well as signed the waiver that was sent home. Both items MUST be complete and
  returned in order for your child to attend.
- Hot lunches are on school cash for the month of April:
  - April 2 Mary Browns closes March 26
  - April 9 McDonald's closes April 2
  - April 16 Booster Juice closes April 9
  - April 30 Edo closes April 23



**March Grace Newsletter** 







## Wishing You a Wonderful Spring Break!

**Dear Sacred Heart School Families,** 

As we head into Spring Break, I want to take a moment to thank you for your continued support and partnership. This time away is a wonderful opportunity for rest, relaxation, and quality time with loved ones.

I pray that this break brings you peace, joy, and rejuvenation. May it be a time to embrace God's blessings, find moments of spiritual renewal, and return refreshed for the remainder of the school year.

Wishing you a safe, restful, and faith-filled Spring Break!

Blessings,

Tara McBride



Hi Sacred Heart Families,

Happy Spring Break ~ I Hope you have a restful and fabulous week off!
Thought I'd take this time to share some of Ms. Lefebvre's favs. along with other tidbits of info...

**Upcoming Training/ Workshops & Community Programs and Events:** 

Community Education Services: Free on-line webinars

https://ces.hmhc.ca/?

mailpoet router&endpoint=view in browser&action=view&data=WzcxLCJIMDdIMzAyMmVjOTUiLDQ3MzQsljFhdjluMDZyMWN1O

Hc0MG80NDRvMHNjOG8wbzRzdzRvliw1NSwwXQ

Group Triple P: Positive Parenting Program (8 week course) For more info & registration, call 780-335-1975

https://www.bgcwetaskiwin.ca/programs/

### **Useful Websites**

https://strongmindsstrongkids.org/en/parents-and-caregivers/

https://www.albertahealthservices.ca/amh/page2434.aspx

https://kidshealth.org/en/teens/

https://www.additudemag.com/category/parenting-adhd-kids/positive-parenting/

https://alberta.cmha.ca/find-info/albertaresources/

### Fav. Books:

"Hold On To Your Kids: Why Parents Need to Matter More Than Peers" - Dr. Gordon Neufeild

"Drop The Worry Ball" - Alex Russell with Tim Falconer

"Self-Reg" - Dr. Stuart Shanker with Teresa Barker

Bullying No More: Understanding & Preventing Bullying" - Barron's Kimberly L. Mason, Ph. D., LPC, NCC"

"Hold On To Your Kids" - Dr. Gabor Mate

" The Whole Brain Child: 12 Revolutionary Strategies To Nurture Your Child's Developing Mind" - Daniel L. Seigal, M.D & Tina

Payne Bryson, Ph.D

### Social Media Info & Support:

https://www.carlyryanfoundation.com/resources/fact-sheets

https://smartsocial.com/parental-control-software

https://protectchildren.ca/en/get-involved/online-training/commit-to-kids-for-coaches/?

gad source=1&gclid=EAlalQobChMl0cWBwLOZjAMVcNbCBB30cCzwEAAYASAAEgLelfD BwE

**FSLW May & June Focus:** 

(May is Mental Health Awareness Month)

- \* Unmasking Mental Health Mini Talks & Flex Sessions
- \* Test Taking Tips, Strategies, Skills, and Support
- \* Goal Setting & Planning for June Exams
- \* Next Steps for Transitioning Grades
- \* Catch Up Club with Ms. L



# **Parents**

For the delicious and generous spread for supper during parent teacher interviews!





This year, Development and Peace — Caritas Canada joins the global campaign led by Caritas Internationalis, KAIROS and many others to Turn Debt into Hope, so that our sisters and brothers in the Global South can live in dignity, free from the burden of unjust debt.

In his Bull on the Jubilee year, Pope Francis called the world to "forgive the debts of countries that will never be able to repay them." Earlier this year, he said, "This is an appeal for solidarity, but above all for justice." Our campaign is a response to that appeal.

That's why we're asking you to give generously to Share Lent, the annual fundraising campaign of Development and Peace — Caritas Canada.

Your donations help empower communities in the Global South with social, economic and ecological resilience. Fairer, stronger and greener communities make countries less vulnerable to indebtedness. Three of our partners doing such work are:

- the Episcopal Commission for Social Action and the Bartolomé de Las Casas Institute in Peru, which help communities affected by extractive industries to defend and assert their rights; and
- the Tunisian Economic Observatory, which helps people to demand fairer policies to promote sustainable development that benefits everyone.

This Lent, as we reflect on the life and ministry of Jesus to the most vulnerable people, let's give generously to Development and Peace — Caritas Canada.

This year, Sacred Heart is collecting the money from Loonies for Lids to support Turn Debt into Hope.

Last year, your generosity supported 79 projects in 34 countries. Your donation changes lives and goes straight to the hearts of those who need it most. Thank you for your solidarity.