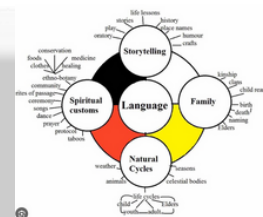




# Sacred Heart School Weekly Update

## Hold the Date

- Sept 23 - Gr 1 Swimming
- Sept 23 - Gr 4S Gymnastics
- Sept 24 - Gr 2 Swimming
- Sept 24 - Gr 4 Gymnastics
- Sept 24 - Gr 5 Gymnastics



**Cree Word of the Week**  
Leaves -  
nîpiya ôᐱᐅ

## Important Links & Contact Information

### School Cash

<https://starcatholic.schoolcashionline.com/>

### Parent PowerSchool

<https://sh.starcatholic.ab.ca/parents/powerschool>

### Attendance Email

[sh.lg.attendance@starcatholic.ab.ca](mailto:sh.lg.attendance@starcatholic.ab.ca)

780-352-9355



### ATTENDANCE MATTERS

When children regularly miss school, they miss out on fundamental reading and math skills and the chance to build good attendance habits for the future.



**REMINDER: school class hours**  
are 8:30 - 3:10  
doors open @ 8:20 AM



# Sept 15 - Sept 19, 2025

**Sept 15  
Monday  
Day 4/B**

**Sept 16  
Tuesday  
Day 5/A**

**Sept 17  
Wednesday  
Day 6/B**

**Sept 18  
Thursday  
Day 1/A**

**Sept 19  
Friday  
Day**

**Sr Boys  
Volleyball  
Practice**

**Hockey Program -  
on ice**



**Gr 4 Bible Blessing -  
@ 10:30 AM**



**Sr Boys  
Volleyball  
Practice**

**Hockey Program -  
on ice**



**No School - PD  
Day**

**You can find all the above on our website site below:**

**<https://sh.starcatholic.ab.ca/>**



# Parent Communication:

You will be receiving a weekly newsletter that will come out on Fridays with school events, reminders and important information happening with the school. Please read them over carefully and don't hesitate to contact the school if you have questions 780-352-5533.

- PowerSchool letters were sent home this week with your child/children. Please check in with them for your confidential ID and password to create your parent PowerSchool account. Here you will stay up to date on attendance, assignments (if they are missed), marks, report cards and in the future, registration for the following year. If you have questions please call our office at 780-352-5533.
- Our Newsletter can be found on our website if you need to find them and refer back to any information.
- A reminder that **NO ONE** is to enter the school without checking in at the office first.
- **School Cash** - you will need a school cash account in order to sign permission waivers, order pizza and hot lunch when ready, and pay for school fees. Please see the opening email for the brochure.

## Orange Shirt Sales

We have some orange shirts for sale.  
Sizes are random and will be sold cash only for \$10.  
First come, first served.





# Fundraiser!!!!



# Pizza

**Sacred Heart School Council  
presents our  
LITTLE CAESARS' FUNDRAISER**

Thank you for your support- every kit sold makes a difference.

Two options to buy with a credit card.

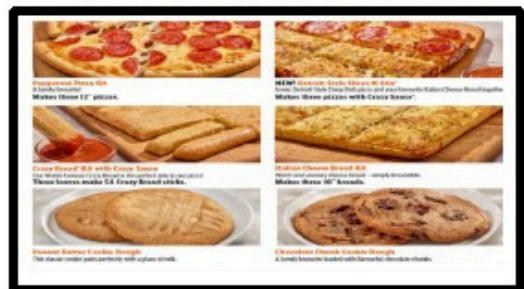
1. Visit [www.PizzaKit.ca](http://www.PizzaKit.ca)
2. Select "Shop" from the dropdown menu that appears when you hover over "Products" at the top. Click on "Purchase & Support a Local Fundraiser".
3. Enter Fundraiser ID **460525** and click on "Confirm Fundraiser".
4. Login to your account if you have bought Kits before or if not, create an account to get started.
5. **At Checkout:** Enter the students' name you are supporting in the "Seller Name" field. Fill in payment information and click "Continue".

OR click the link below.

**Sacred Heart School Council Fundraiser!**

- New customers set up your account with name and email address.
- Existing customers sign in on the right.
- Click Ship My Order to the Group to start shopping.

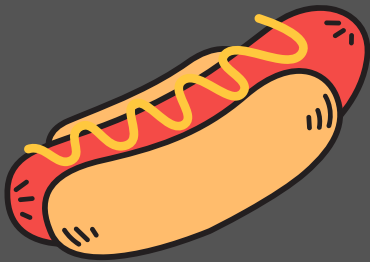
LAST DAY TO ORDER	PICKUP DATE
Monday Sept 29th	Week of October 13th



# Our Canteen Menu

Please note that we only accept cash payments, and we do not offer tabs under any circumstances.

Cooked items (Monday to Friday items) will begin in October. We are slowly taking deliveries of other items so our canteen will be in full swing by October as well



## Canteen Price List

Monday- Chicken Fries \$3.00  
Tuesday- Pizza \$3.00 Slice  
Wednesday- Grilled Cheese Sandwich \$3.00  
Thursday- Hot Dog \$3.00  
Friday- Mozza Sticks \$3.00

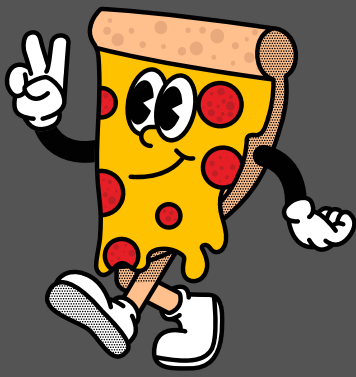
Gatorade \$3.00  
Sunny D \$3.00  
Water Bottle \$2.00  
Iced Tea \$2.00  
Ginger Ale \$2.00  
Juice Box \$1.00

Soup \$2.00  
Pizza Pop \$3.00  
Pogo \$3.00  
Kraft Dinner \$3.00  
Mr. Noodles \$3.00

Chips/Cheezy's \$2.00  
Chocolate Bars \$2.00  
Skittles \$2.00  
Beef Jerky \$2.00  
Hot Rods \$1.00  
Halls \$3.00

Ice Cream Sandwiches \$1.00  
Fudgesicles \$1.00  
Creamsicles \$1.00  
Revels \$1.00  
Space Pops/Popsicles \$1.00





# School Cash

**Pizza and Hot Lunch are  
RETURNING FOR OCTOBER!!**



All items are available to order on School Cash.  
We can not take orders verbally and for cash. Pizza starts on Oct 7 and hot lunch with McDonalds starts on Oct 15

## **Other School Cash Reminders**

Swimming and Gymnastics will be starting on Sept 23. Please see the calendar for dates and times. Please note that payment and permission forms **MUST** be signed before students can go. We do **NOT** take verbal permission under any circumstances. There is also a paper waiver for both events that must be signed as well. Please check your child's agenda to sign it and return it to the office.

Gr 6 - 10 students ~ there is a Fairness and Safety in Sports Eligibility Act form and an offsite permission form that needs to be signed. These are no cost forms. If they apply to your student they can be found on your school cash.

**REMINDER**

If you have any School Cash questions please call our office.



Welcome back Sacred Heart Families!

I wanted to introduce myself and say welcome to SH school if you're new and welcome back to all returning kiddos & their families.

My name is Francine Lefebvre (Ms. L). I am Sacred Heart's FSLW (Family School Liaison Worker). My role at the school is to support the emotional, social, and mental well-being of SH students & their families. I work with a fabulous team at SH: our admin, our intervention team, our teachers, and sometimes in consultation with central office & community members too!

The FSLW role at SH is to provide one to one short-term solution focused support, help during tough times, small groups, classroom visits, conflict resolution support, and promotion of positive mental health to name a few. The FSLW does not provide psychological therapy/counseling, but can assist with referrals and connections outside of school, as well as, with connections to community organizations like the Boys and Girls Club.

When to connect to the FSLW (Ms.L)?

If your kiddo is withdrawing from activities they love, family time, friends etc. If they are not wanting to come to school. If they are feeling anxious/ overwhelmed. If your family is experiencing ANY loss or change.

How to connect to FSLW m(Ms.L)?

Please call the school (780) 352-5533 the office ladies will take a message if I am unavailable. Email: [francine.lefebvre@starcatholic.ab.ca](mailto:francine.lefebvre@starcatholic.ab.ca),

Feel free to contact their teachers, and/ or admin who will also reach out to me if needed. Please know I am not available after school hours!

\*\*\* If there is an emergency, please contact your family Dr, call 911 or go to emergency if needed.

Little about me (Ms. L):

I was an EA for many years before becoming a Social Worker, now FSLW. I have been in our school district for 17 years now. I truly love my job & love our school! I am the mom of two amazing humans. A son (23) who is in his 3rd year at Grant Mac for Business and a daughter (21) who is in her 3rd year of Nursing at Grant Mac as well. They are my world and I cannot believe where the time has gone?!

Some of the programs I bring into our classrooms are: The Worry Woos, The Little Scribble Spot, Kimochis, and Kids Get Stress Too to name a few. I love co-facilitating with our teachers during their health class; especially when we are talking about the importance of our Mental Health, or just being asked to pop-in and participate in classroom chats!

Looking forward to a fabulous year ahead xo

Love & Blessings,

Ms.L